

# Sporty Money Twist

## Content

Sporty Money Twist is an innovative blend of active games and discussions that communicates key financial messages in a fun and effective way.

The session gives young people the opportunity to 'play' with financial education, which in turn brings money to life and strengthens learning.



## Key Facts

Format: 1 x 2 hour session.

Target group: 14-18 year olds.

Group size: 12-30 young people.

## Session covers:

- ⚡ **My Money:** Sources of income, minimum wage, careers, payslips, tax, national insurance, auto enrolment and government income & expenditure.

Sporty Money Twist approaches financial capability in a hands-on manner as young people play games and work together to understand and address key topics like public finance. The key elements of fun, friendly competition and detailed content allow participants to discuss and share their views in an engaging and comfortable environment.

The session is designed to get young people thinking and caring about their finances, both now and in the short and long term future.

Participants are given the opportunity to learn and change their behaviour through activities that cater for all levels of ability. Sporty Money Twist can be delivered on a playing area outside or in a large indoor hall.



*"During the sessions you can tell that they're really engaged and even after the sessions they look at their own personal finances so it gets them really thinking."*  
**Rebecca Stanley, Youth Worker, Essex Boy & Girls Youth Club.**

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