

# Work Dosh

## Content

Work Dosh is a specialist money management programme that empowers young professionals to gain financial control of their lives. It can be delivered in a face-to-face setting or virtually over Zoom.








For young graduates or employees in the early stages of their professional careers, making big decisions – such as accessing credit, auto enrolment, or choosing financial products, can often be overwhelming and stressful.

This transitional period is where many ‘make or break’ their money habits. Having a good money mind-set is a clear focus throughout this programme.

Over 2.5 hours MyBnk’s experts help to build their financial skills, knowledge and confidence. We debunk the jargon and offer helpful hints and impartial tips.

This covers five core money habits to help young professionals become more financially healthy:

-  **Habit 1 – Track Your Cash:** The importance of budgeting and resetting.
-  **Habit 2 – An Informed Borrower:** Understanding the consequences of borrowing.
-  **Habit 3 - Review & Change:** How to become critical consumers.
-  **Habit 4 – Prepared for Future You:** The importance of saving for the future and pension options.
-  **Habit 5 – Diversify Savings:** Understanding different saving options and risks.

## Key Facts

**Format:** 2 hour 30 minutes with a break included.

**Target group:** 18-25 year olds.

**Group size:** Flexible for groups of 10 -25.



## What did staff think?

*“It gave me more confidence in my own knowledge. Even though I work in finance I find some of the basics of personal finance daunting. Having a supportive environment to ask questions made me feel more empowered.”* **Kathleen Gallagher, 28, Quilter.**

*“Before the sessions I’d never thought about changing where I bank. Now, I’m going out there to get a better deal.”* **Abbie Connolly, 22, Marcoms Consultant, Standard Life.**